

Associate of Applied Science – Therapeutic Massage (AAS) – 2025-26 Catalog Blocks are suggested for full-time students, but may be adjusted based on course scheduling, student employment, or individual needs. Courses **Highlighted** lead to the Certificate of Proficiency. Add courses **highlighted** for the Certificate of Applied Science. Prerequisites a current healthcare provider CPR and First Aid card, immunizations, TB test, CPR/First Aid Card, and DPS card are required. COVID-19 and/or Flue vaccination or a clinical agency approve waiver/declination may be required for clinical placement.

First Block

X	Course	Notes	credits
	TMP 107 Overview of Alternative Medicine & Complimentary Medicine	First 8 weeks	3
	TMP 108 Massage Techniques with A and P I	First 8 weeks Prerequisite DPS level 1 Fingerprint Clearance Card	4
	TMP 109 Massage Techniques with A and P II	Second 8 weeks Prerequisite TMP 108	4
	TMP 111 Pathology for Massage Therapists	Second 8 weeks	3

Second Block

X	Course	Notes	credits
	TMP 112 Business and Communication for Massage Therapy		3
	TMP 205 Applied Therapeutic Massage	Corequisites TMP 107, 109, 111 & 112	4
	TMP 214 Massage Techniques	Prerequisite TMP 205	4
	TMP 221 Mind/Body Therapy		3

Third Block

X	Course	Notes	credits
	TMP 240 Massage Clinical Practice	Prerequisite TMP 214 & 221	4

Fourth Block

X	Course	Notes	credits
	ENL 101 College Composition I *	Requires Placement	3
	MAT 103	Requires Placement	3
	Biological and Physical Sciences course 1	Requires Placement	4
	BUS course 1 from Additional Requirements List		3
	Elective	Any unduplicated course 100 or above	3

Fifth Block

X	Course	Notes	credits
	Arts and Humanities course from list	Requires Placement	3
	Communications course from list		3
	PSY 101 Introduction to Psychology	Requires Placement	3
	Biological and Physical Sciences course 2	Requires Placement	4
	BUS course 2 from Additional Requirements List		3

Key

* = Prerequisite (Speak with your academic advisor or check the notes section for more information.)

Notes: This Academic Plan is a suggestion of how this program can be completed as a full-time student and may need to be adjusted based on the semester you start or your personal circumstances. Students should consult a faculty or academic advisor as they design their individual completion path.

General education options are located in section IV, Programs, of the NPC college catalog. To be sure your general education course applies to your degree, speak with your academic advisor. The online version of the college catalog is located on our public website: <https://www.npc.edu/college-catalog>

Your Academic Plan

Semester_____Year_____

[illegible]

Semester_____Year_____

[illegible]

Semester_____ Year_____

[illegible]

Semester_____ Year_____

[illegible]

Semester_____ Year_____

[illegible]

Semester_____Year_____

[illegible]