Northland Pioneer College

Name _____
NPC ID _____
Total Credits 18

FRS - 2026-27 Catalog *Blocks are suggested for full-time students, but may be adjusted based on course scheduling, student employment, or individual needs. Courses Highlighted lead to the Certificate of Proficiency.*

FRS Firefighter	Certificate of Proficiency 18 credits

First Block

X	Course	Notes	credits
	FRS 103 - Firefighter I	*Corequisite to FRS 129	6
	FRS 126 - Rope Rescue I		1
	FRS 127 - Rope Rescue II	*Prerequisite to FRS 126	1
	FRS 128 - Rope Rescue III	*Prerequisite to FRS 127	1
	FRS 129 - Firefighter Fitness and Conditioning	*Prerequisite to FRS 103 or Instructor Permission	1
	FRS 150 - Wildland Firefighter		2
	FRS 203 - Fire Prevention		3

Second Block

X	Course	Notes	credits
	FRS 105 - Firefighter II	*Corequisite to FRS 110	4
	FRS 110 - HazMat. for First Responder		2
	FRS 139 - Confined Space Operations		3
	FRS 201 - Fire Protection Systems		3
	FRS 208 - Principles of Fire & Emergency Ser Safety & Survival		3

Key

* = Course Prerequisites are addressed in the program sequences.

Notes: This checksheet is a suggestion of how this program can be completed as a full-time student and may need to be adjusted based on the semester you start or your personal circumstance. Students should consult an advisor when they plan their individual completion path.

General education options are located in section IV, Programs, of the NPC college catalog. To be sure your general education course applies to your degree, speak with your Academic Advisor. The online version of the college catalog is located on our public website: https://www.npc.edu/college-catalog

Your Academic Plan

Semester_____Year_____

Course	Credits	Grade

Semester_____Year_____

Course	Credits	Grade

Semester_____Year_____

Course	Credits	Grade

Semester_____Year_____

Course	Credits	Grade

Semester_____Year_____

Course	Credits	Grade

Semester_____Year_____

Course	Credits	Grade