

Name		
NPC ID		
Total Credits	<u>65</u>	

<u>Associate of Applied Science – Behavioral Health Studies (BHS) (AAS) - 2025-26 Catalog</u> Blocks are suggested for full-time students, but may be adjusted based on course scheduling, student employment, or individual needs. Courses <u>Highlighted</u> lead to the Certificate of Proficiency.

Highlighted	Certificate of Proficiency 22 credits

Block 1

X	Course	Notes	credits
	BHS 150 Behavioral Health Professions		3
	BHS 160 Ethical Awareness		3
	BHS 165 Therapeutic Communication Skills		3
	PSY 101 Introduction to Psychology		3
	EMT 104 CPR and First Aid	Course not necessary if student already has active CPR and First Aid.	0.5
	BHS 210 De-Escalation and Conflict Resolution		1
		May have Special Requirements, discuss with Dept. Chair Rachel.Channell@npc.edu	1

Block 2

Х	Course	Notes	credits
	BHS 155 Professional Resiliency and Well-Being		3
	BHS 166 Treatment Planning and Assessment	BHS 150, BHS 160, and BHS 165 Prerequisites.	3
	BHS 170 Case Management and Clinical Documentation	BHS 150, BHS 160, and BHS 165 Prerequisites.	3
	BHS 175 Trauma & Crisis Management	BHS 150, BHS 160, and BHS 165 Prerequisites.	3
	BHS 185 Multicultural Competence	BHS 150, BHS 160, and BHS 165 Prerequisites.	3

Block 3

Х	Course	Notes	credits
	BHS 205 Theories in Individual Therapy	BHS 150, BHS 160, and BHS 165 Prerequisites.	3
	BHS 215 Therapeutic Models in Group Therapy	BHS 150, BHS 160, and BHS 165 Prerequisites.	3
	ECD 135 Survey of Child Development	ONLY OFFERED IN FALL. Requires placement or instructor permission.	3
	Emphasis Related Elective I	Emphasis related electives listed below.	3
	ENL 101 College Composition I	Requires Placement.	3
	PSY 240 or PSY 207 Developmental or Abnormal Psychology	Requires Placement.	3

Block 4

X	Course	Notes	credits
	BIO 160 Introduction to Human Anatomy and Physiology	Any Natural Science course listed in GE can meet	4
		this requirement.	
	MAT 142 or MAT 152 College Mathematics or Advanced	Any Mathematics course listed in GE for which	3
	Algebra	MAT 152 is a prerequisite can meet this	
		requirement.	
	ENL109 Technical Writing	Any Written or Oral Communications course listed	3
		in GE besides ENL101 can meet this requirement.	
	Emphasis Related Elective 2		3
	Emphasis Related Elective 3		3
	BHS 295 Internship II	BHS195 Prerequisite. May have special	2
		requirements, discuss with Department Chair	
		Rachel.Channell@npc.edu	

Emphasis Related Electives (Choose 9 credits from a specific specialization).

Psycholog	gy	
BHS 230	Crisis and Trauma Stabilization	3.00
PSY 240	Developmental Psychology (if not previously taken)	3.00
PSY 250	Social Psychology	3.00
PSY 270	Abnormal Psychology (if not previously taken)	3.00

Social Wo	rk	
BHS 168	Introduction to Social Work	3.00
BHS 180	Child, Family, & Adult Advocacy	3.00
SOC 101	Introduction to Sociology	3.00
SOC 121	Social Problems	3.00
SOC 212	Sex and Gender in Society	3.00
SOC 215	Ethnicity and Race	3.00
SOC 225	Sociology of the Family	3.00

Addiction	and Substance Abuse	
BHS 178	Peer and Recovery Support Certification	3.00
BHS 206	Foundations of Chemical Dependency	3.00
BHS 207	Family Dynamics and Chemical Dependency	3.00
BHS 208	Biosystems/Pharmacology of Chemical Dependency	3.00

Family Su	pport Specialization	
BHS 220	Applied Behavior Analysis	3.00
CFS 108	Observing Children Within The Family System	1.00
ECD 112	Enhancing Family and Community Engagement	3.00
ECD 223	Positive Behavior Supports	2.00
ECD 252	Risk and Resiliency in Early Childhood	3.00

Notes: This program mapping is a suggestion of how this program can be completed as a full-time student and may need to be adjusted based on the semester you start or your personal circumstance. Students should consult an advisor when they plan their individual completion path.

General education options are located in section IV, Programs, of the NPC college catalog. To be sure your general education course applies to your degree, speak with your academic advisor. The online version of the college catalog is located on our public website: https://www.npc.edu/college-catalog

For more information about this program, including costs, visit our website: https://www.npc.edu/

Your Academic Plan

	Year			Semester	Year	
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	Year			Semester	Year	
Course	Credits	Grade	Course		Credits	
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Semester	Year	-		Semester	Year	_
				Semester	Year	_
		Grade	Course		YearCredits	
			Course			
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Semester			Course			