



Northland Pioneer College

Name _____

NPC ID _____

Total Credits **65**

Associate of Applied Science – Behavioral Health Studies (BHS) (AAS) - 2025-26 Catalog Blocks are suggested for full-time students, but may be adjusted based on course scheduling, student employment, or individual needs. Courses Highlighted lead to the Certificate of Proficiency.

Highlighted	Certificate of Proficiency 22 credits
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Block 1

X	Course	Notes	credits
	BHS 150 Behavioral Health Professions		3
	BHS 160 Ethical Awareness		3
	BHS 165 Therapeutic Communication Skills		3
	PSY 101 Introduction to Psychology		3
	EMT 104 CPR and First Aid	Course not necessary if student already has active CPR and First Aid.	0.5
	BHS 210 De-Escalation and Conflict Resolution		1
	BHS 195 Internship I	May have Special Requirements, discuss with Dept. Chair Rachel.Channell@npc.edu	1

Block 2

X	Course	Notes	credits
	BHS 155 Professional Resiliency and Well-Being		3
	BHS 166 Treatment Planning and Assessment	BHS 150, BHS 160, and BHS 165 Prerequisites.	3
	BHS 170 Case Management and Clinical Documentation	BHS 150, BHS 160, and BHS 165 Prerequisites.	3
	BHS 175 Trauma & Crisis Management	BHS 150, BHS 160, and BHS 165 Prerequisites.	3
	BHS 185 Multicultural Competence	BHS 150, BHS 160, and BHS 165 Prerequisites.	3

Block 3

X	Course	Notes	credits
	BHS 205 Theories in Individual Therapy	BHS 150, BHS 160, and BHS 165 Prerequisites.	3
	BHS 215 Therapeutic Models in Group Therapy	BHS 150, BHS 160, and BHS 165 Prerequisites.	3
	ECD 135 Survey of Child Development	ONLY OFFERED IN FALL. Requires placement or instructor permission.	3
	Emphasis Related Elective I	Emphasis related electives listed below.	3
	ENL 101 College Composition I	Requires Placement.	3
	PSY 240 or PSY 207 Developmental or Abnormal Psychology	Requires Placement.	3

Block 4

X	Course	Notes	credits
	BIO 160 Introduction to Human Anatomy and Physiology	Any Natural Science course listed in GE can meet this requirement.	4
	MAT 142 or MAT 152 College Mathematics or Advanced Algebra	Any Mathematics course listed in GE for which MAT 152 is a prerequisite can meet this requirement.	3
	ENL109 Technical Writing	Any Written or Oral Communications course listed in GE besides ENL101 can meet this requirement.	3
	Emphasis Related Elective 2		3
	Emphasis Related Elective 3		3
	BHS 295 Internship II	BHS195 Prerequisite. May have special requirements, discuss with Department Chair Rachel.Channell@npc.edu	2

Emphasis Related Electives (Choose 9 credits from a specific specialization).

Psychology		
BHS 230	Crisis and Trauma Stabilization	3.00
PSY 240	Developmental Psychology (<i>if not previously taken</i>)	3.00
PSY 250	Social Psychology	3.00
PSY 270	Abnormal Psychology (<i>if not previously taken</i>)	3.00

Social Work		
BHS 168	Introduction to Social Work	3.00
BHS 180	Child, Family, & Adult Advocacy	3.00
SOC 101	Introduction to Sociology	3.00
SOC 121	Social Problems	3.00
SOC 212	Sex and Gender in Society	3.00
SOC 215	Ethnicity and Race	3.00
SOC 225	Sociology of the Family	3.00

Addiction and Substance Abuse		
BHS 178	Peer and Recovery Support Certification	3.00
BHS 206	Foundations of Chemical Dependency	3.00
BHS 207	Family Dynamics and Chemical Dependency	3.00
BHS 208	Biosystems/Pharmacology of Chemical Dependency	3.00

Family Support Specialization		
BHS 220	Applied Behavior Analysis	3.00
CFS 108	Observing Children Within The Family System	1.00
ECD 112	Enhancing Family and Community Engagement	3.00
ECD 223	Positive Behavior Supports	2.00
ECD 252	Risk and Resiliency in Early Childhood	3.00

[illegible]