

# Veteran, Paralympian, Advocate

## Angela Madsen



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- \* Angela Madsen served her country as a Marine. She was injured and the surgery that was supposed to repair her spine, left her a paraplegic.
- \* Angela's advice when asked what she does on her bad days: "Row harder".
- \* She took up rowing as a way of being active. Angela accumulated 14 Guinness Book of World Records for ocean rowing. She rowed across the Indian Ocean, around the British Isles, across the Atlantic and from California to Hawaii.
- \* She earned multiple medals as a Paralympian in rowing, shotput, and javelin. She even set a world record for her shotput at a Canadian track meet.
- \* Her non-profit California Adaptive Rowing Program ([CaliRows](#)) has helped many find strength and fulfill dreams.
- \* Despite all of her successes with ocean rowing, her childhood dream was to complete a solo voyage. In April of this year, she left Marina Del Ray headed for Honolulu. On May 10th she celebrated her 60th birthday with only water and sky in sight.
- \* On June 21st she texted that she was going into the water to repair her bow anchor. On June 22nd, they recovered her body. Her legacy of rowing harder and pursuing goals lives on in all the lives she touched. Semper Fi