

Class	Course Number	Cost	Date(s)	Location	Day	Time	Instructor	Class Description & Special Instructions
Gardening- AGR								
Holiday Plants and What to Do With Them	AGR099X-HolPlanSP20-WMC-15	\$15	1/9/2020	White Mountain Campus, Modular Buildings (M), M6	Th	1:00 PM - 3:00 PM	Coates	Learn about common Holiday plants and how to care for them after the Holidays. Learn what to do with the plants, where to keep them, if and where to plant them, and much more!
Proper Planting, Pruning and Care of Trees and Shrubs	AGR099X-PTreeSU19-WMC-11	\$40	1/21/2020		M	12:30 PM - 4:30 PM		Pruning is an art as well as a science. Learn how, when and why to prune your trees, the difference between pruning a young tree and a mature tree, and how and why your trees and shrubs grow as they do. The workshop will consist of lecture, discussion, demonstration, and some hands-on activity. Students will leave knowing the proper planting and care of their trees and shrubs! Students should bring note-taking materials. (Ages 15 and up).
White Mountain Community Garden (WMCg) #1-4 Package Deal	AGR099X-WMCGPacSP20-WMC-21	\$50	2/1/20 - 5/2/20	White Mountain Community Garden, Frontier Room	Sa	9:00 AM - 12:00 PM	White Mountain Community Garden	Students can purchase a package deal for all four of the White Mountain Community Gardens Classes for \$10 off. 1)What is Soil? 2)Planning your Garden 3)Plants from seeds to gardens 4)Companion Planting and Garden maintenance
What is Soil? (WMCg#1)	AGR099X-WhtSoilSP20-WMC-17	\$15	2/1/2020					Students will learn about soil structure, how to test your soil, and what the results of the soil tests tell you. They will also learn how to manage the soil for quality and productivity through organic matter, compaction, water infiltration & capacity of Soil, PH, Mycorrhiza & Other soil inhabitants, and estimating your soils' moisture. Students will also learn about soil additives, cover cropping, and tilling vs no till.
Fruit and Nut Trees for the White Mountains-Care & Pruning	AGR099X-FrtNutSP20-WMC-13	\$40	2/5/2020	White Mountain Campus, Modular Buildings (M), M6	W	12:30 PM - 4:30 PM	Coates	Fruit is expensive to buy in stores, but you can grow your own delicious, organic fruit right in your own yard! Fruit and nut trees are easy to grow and care for. Learn the best varieties for the White Mountains, how to prune them, and what they need to produce fresh-off-the-tree fruit for you and your family!
Planning Your Garden (WMCg#2)	AGR099X-PlnGrdSP20-WMC-18	\$15	3/7/20	White Mountain Community Garden, Frontier Room	Sa	9:00 AM - 12:00 PM	White Mountain Community Garden	This class will help students identify how much room for a garden they have in their yard. Students will also discuss the sun, shade, and microclimates of their homes as well as the types of vegetables/flowers you want to grow in your garden. This will all be taken into account when the students look over examples of Garden Plans, decide in-ground beds, raised beds, or containers.
Container Gardening for Fun and Eating	AGR099X-ContHarSP20-WMC-12	\$25	3/12/20	White Mountain Campus, Modular Buildings (M), M6	Tu	1:00 PM - 4:00 PM	Coates	Learn to think "outside the box" when it comes to using containers creatively. Then learn what plants can be grown in containers from trees to flowers to veggies and how to keep them healthy and happy! You can grow flowers and veggies almost anywhere or anytime in the White Mountains by using containers!
Plants from Seeds to Garden (WMCg#3)	AGR099X-SeedGarSP20-WMC-19	\$15	4/4/20	White Mountain Community Garden, Frontier Room	Sa	9:00 AM - 12:00 PM	White Mountain Community Garden	What will be best for your garden? Seeds or transplants? Learn how seeds grow, how to start you seeds via cold frames, low tunnels, indoors, seed mats, seed starting soil-less mixes, and fungus. Students will learn about how to transplant as well as partake in a hands on "planting seeds" exercise.
Gardening for Wildlife & Pollinators	AGR099X-WldPollSP20-WMC-14	\$35	4/23/20	White Mountain Campus, Modular Buildings (M), M6	Th	1:00 PM - 4:00 PM	Coates	Fill your garden with colorful birds, butterflies, and "good insects"! Learn what plants attract these "good guys" and what plants you can use to repel the "bad guys" that want to eat your flowers and veggies. You don't have to spend money on expensive and possibly harmful insecticides to keep the "bad guys" at bay. Plus, you'll be helping to improve life for our dwindling but very necessary pollinators!

Companion Planting and Garden Maintenance (WMC#4)	AGR099X-GardMaiSP20-WMC-20	\$15	5/2/20	White Mountain Community Garden, Frontier Room	Sa	9:00 AM - 12:00 PM	White Mountain Community Garden	Students will learn what companion plants are, how to use them, and what they do. They will also learn proper watering methods and amounts, strategies for keeping unwelcome visitors out, and proper garden maintenance for all seasons.
Water Harvesting Methods- Some Simple & Some Not	AGR099X-WtrHrvSP20-WMC-11	\$35	5/18/20	White Mountain Campus, Modular Buildings (M), M6	M	1:00 PM - 3:30 PM	Coates	Water Harvesting can be as simple as turning a drain pipe to water your garden or as complicated as installing a cistern. Learn what is best for your home and how to figure out your costs and the benefits you will receive from each system.

Personal Development-STC

Book Club	BookClubSP20-SCC-01	\$40	1/25/20-5/30/20	Silver Creek Campus Library Room	Sa	1:00 PM - 3:00 PM	Crosby	Students will come to the first class prepared to discuss <i>The Radium Girls: The Dark Story of America's Shining Women</i> by Kate Moore. Students will read one book per month that has been voted on by the group. On the last Saturday of every month the group will meet and discuss the book. We will have discussion questions available if needed but normally the discussion flows naturally. Finger Foods will be provided.
Robotics and Electricity: An intro to EIT	EITIntroSP20-PDC-03	\$60	1/25/20-2/8/20	Painted Desert Campus Skills Center 300	Sa	9:00am-2:00pm	Sanchez	Students will learn how electricity, pneuematics, and relays work as well as how they interact with one another. These skills will then be used to build, program, and control their own robot. When building the robot, students will also learn about how electricity, motors, and gears work together inside of the robot in order for it to function properly. This course is great for anyone interested in robotics as well as the Energy and Industrial Technician program at NPC.
Basic NRA Pistol Class for Concealed Weapons Permit	STC099X-CWPSP20-WMC-03	\$75	3/7/20	White Mountain Campus Aspen Center (AC) 110	Sa	8:00 AM - 2:00 PM	Harris	Successful completion of this course will qualify the student to apply for a permit to carry a concealed weapon. The NPC instructor will provide fingerprinting. Students must be at least 21 years old. Students should bring their unloaded guns and ammunition but leave them secured in their vehicles.
Basic NRA Pistol Class for Concealed Weapons Permit	STC099X-CWPSP20-PDC-01	\$75	4/11/20	Painted Desert Campus Tiponi Community Center 308				
Basic Self-Defense with a Handgun	STC099X-SDHSP20-SCC-02	\$75	3/21/20	Silver Creek Campus Student Center (SNC) 131				Self-Defense is more than a class, it's a mindset. Students will learn how to think defensively, assess threats and learn avoidance techniques. Learn dynamic shooting techniques and develop defensive marksmanship skills. Afterwards, action drills will be practiced. Students will learn confidence and how to effectively use a hand gun as a defensive tool to protect their lives and the lives of the people they care about. Any student under the age of 21 must be accompanied by an adult. Students who bring their unloaded guns and ammunition must leave them secured in their vehicle.
Basic Self-Defense with a Handgun	STC099X-SDHSP20-PDC-02	\$75	4/25/20	Painted Desert Campus Tiponi Community Center 308				

CCL Workshops

Grant Writing Workshop	CCLWS-GWWSP20-SCC-03	\$40	1/11/20	Silver Creek Campus, Learning Center (LC), 102	Sa	9:00 AM - 4:00 PM	Ray	<p>This 6-hour workshop will help the learner better understand:</p> <ul style="list-style-type: none"> -How to Read a Funding Notice -Program Design and Plan Implementation Basics -Completing a Grant Application -How to Find Grants -How to Analyze a Grant Application -Review of Successful Proposals <p>-The instructors' encourage you to bring grant applications, funding notices and proposals that you want to work on with you to the workshop.</p>
Arts-ART								
Clay Art (Full Semester)	ART099X-ClayFA19-WMC-06	\$220	1/21/20 - 5/5/20	White Mountain Campus, Aspen Center (AC), 104	Tu	9:00 AM - 1:00 PM	Sweeney	Beginning students learn the basic knowledge to form and finish ceramic ware while advanced students are provided a relaxed studio environment to advance, innovate, and expand their techniques. Students need to bring a basic clay tool kit. (Ages 12 & up)
Clay Art (8-Weeks)	ART099X-Clay8FA19-WMC-07	\$110	1/21/20 - 3/10/20					
Clay Art (8-Weeks)	ART099X-Clay8FA19-WMC-08		3/17/20-5/5/20					
Creative Clay	ART099X-CreClaySP20-WMC-09	\$180	1/22/20 - 5/11/20	White Mountain Campus Aspen Center (AC) 104	M, W	6:00 PM - 8:00 PM	Wethington	An introduction to Cermaic hand building. Students will learn to make a series of functional and decorative items using various building and surface techniques. This course is geared towards students with little to no experience in clay. Students who are more seasoned in the ceramic arts are also welcome to come and further their skills through independent study.
Dance-HPE								
Basic Principles of Dance	HPE099X-BPDanceSP20-WMC-24	\$35	1/27/20 - 2/17/20	Blue Ridge HS Auditorium, Stage	M	6:30PM - 8:00 PM	Venancio	Students will learn four different types of dances over four weeks. Week One: 2-Step Progressive Week Two: 50's Swing Week Three: Country Waltz Week Four: Latin Dance
Basic Principles of Dance	HPE099X-BPDanceSP20-SCC-04	\$35	2/25/20 - 3/17/20	Katherine's Dance Studio, Snowflake	Tu	6:00PM - 7:30PM		Learn the basics of American Tribal Fusion Belly Dance. Belly Dance is primarily a torso driven dance and unlike many Western dance forms, does not rely on movements of the limbs through space.
American Tribal Fusion Belly Dance	HPE099X-TrblBelSP20-SCC-09	\$10 per class	2/5/20, 3/11/20, 5/6/20		W	6:30PM- 7:30PM		
Basic Progressive 2-Step for Beginners	HPE099X-2StepSP20-SCC-05	\$10 per class	4/21/20, 4/28/20, 5/5/20, 5/12/20		Tu	6:00PM- 7:00PM		A fun dance class for couples to learn something new. Students will learn the basic 2-step and techniques such as turns, leading and cues. Learn 2-steps that will fit with multiple music styles from western, Latin and contemporary. Grab your partner for a fun night out! Students should wear soft sole shoes or shoes with leather soles.
Beginning Belly Dance	HPE099X-BBellyDFA19-WMC-03	\$50	1/23/20 - 3/12/20	White Mountain Campus, Aspen Center (AC), 111	Th	7:00 PM - 8:00 PM	Lavoie, Webb	A fun beginning belly dance class! Students will be taught beginning belly dance moves as well as beginning belly dance choreography involving the movements they have learned throughout this course. Students should wear comfortable clothing and bring water. (Ages 13 and up)
Health and Physical Education-HPE								
Pilates	PilatesSP20-WMC-10	\$80	1/21/20 - 3/10/20	White Mountain Campus Aspen Center (AC) 111	Tu	4:15 PM - 5:15 PM	Sherman	All fitness levels welcome! This Pilates class is designed to proportionately tone and strengthen the whole body, improve balance and flexibility, and create a strong mind/body connection. Students will learn to execute movement mindfully from the foundation of a solid core connection. By building true core strength, students will find it easier to execute their daily tasks. The goal of each class is that you leave feeling better and stronger.

Beginners Flow to Safe Yoga	BegSafeYogaSP20-WMC-01	\$75	1/21/20 - 3/10/20	White Mountain Campus Modular Buildings (M) M6	Tu	6:30 PM - 7:30 PM	Romero	Using trauma aware teaching techniques, this class will provide yoga students with a guide through basic Asana (poses) Practices. This class will also emphasize proper bodily alignment using breath as movement in order to ease the mind, body, and spirit.
Hatha Yoga	HPE099X-HYogaFA19-SPE-01	\$72	1/21/20- 5/12/20	Springerville-Eagar Center, Room 142	Tu	5:30 PM - 6:30 PM	Rihs	This multi-level class combines both traditional and flow style yoga using breathing, yoga poses, relaxation and meditation. Students of any age and physical ability will develop greater balance, strength, and flexibility. Students should bring a yoga mat, strap, two blocks and a firm blanket.
Slow Flow Vinyasa Yoga	HPE099X-SFYogaFA19-WMC-01	\$105	1/22/20 - 5/13/20	White Mountain Campus, Aspen Center (AC), 111	W	4:00 PM - 5:00 PM	Rameriz	Learn how to calm the mind and build strength by linking breath to movement. Students will learn yoga breath techniques and yoga Asana (postions). Modifications will be given to suit all levels of physical ability. Students will be led through thoughtfully sequenced yoga flows designed to create space and build strength in the physical body while calming the mind. Students can bring a yoga mat, blanket, strap, or block. *No class on Sept. 18, Oct. 16, and Nov. 27
Self Defense	HPE099X-SDefSP20-WMC-04	\$12	2/10/20	White Mountain Campus Modular Buildings (M) M6	M	4:00 PM - 6:00 PM	Accardo	Students will learn simple self-defense techniques to use on attackers. Master Accardo, a sixth-degree black belt with over 40 years' experience, will teach students defense from grabs, chokes, weapon defense, etc. Learn the proper way to strike for increasing results to the attacker. (Ages 14 and up)
Self Defense	HPE099X-SDefSP20-WMC-05		4/13/20					