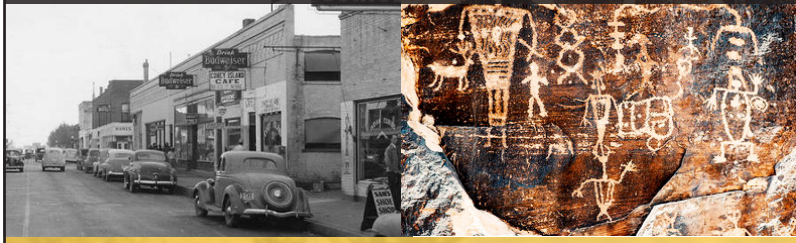




ADVENTURE IS CALLING YOU!



**LEARNING ADVENTURE
EXCURSIONS
2019**

**FUN & EXCITING
DAY TRIPS,
TRANSPORTATION
INCLUDED**
(SEATING IS LIMITED!)

**VISIT OUR ONLINE SCHEDULE TODAY
WWW.NPC.EDU/EXCURSIONS**

Summer 2019



Expanding Minds Having Fun

What is Kids College?
Northland Pioneer College
offers classes for **Kids and Teens ages 6-14.**
Enables students to learn through fun,
challenging interactive activities
every summer!
Registration Opens May 1st


**Simple Online Registration at
www.npc.edu/kids-college**

REGISTER ONLINE! Register and pay online at www.npc.edu/noncredit-classes

**Have interest in becoming an NPC
noncredit instructor?**
Call NPC Community & Corporate Learning at (800) 266-7845 ext. 6244
or at (928) 536-6244. Inquiries can also be sent to ccl@npc.edu.

Timing Matters!
Please register early! Early registration helps prevent cancella-
tion of the classes you are interested in! Try and register at least 4
days in advance. But of course, the earlier the better!

PUBLIC NOTICE OF NONDISCRIMINATION: Northland Pioneer College does not discriminate on the basis of race, color, national origin, veteran status, religion, marital status, gender, age or disability in admission or access to, or treatment or employment in its educational programs or activities. District grievance procedures will be followed for compliance with Title IX and Section 504 requirements. The Affirmative Action Compliance Officer is the Director of Human Resources, 2251 E. Navajo Blvd., Holbrook, Arizona 86025, (800) 266-7845. The Section 504 Compliance Officer is the Coordinator of Disability Resource and Access, 1001 W. Deuce of Clubs, Show Low, Arizona 85901, (800) 266-7845. The lack of English language skills will not be a barrier to admission and participation in vocational education programs.

 **Northland Pioneer College**
EXPANDING MINDS • TRANSFORMING LIVES™
COMMUNITY & CORPORATE LEARNING
P.O. Box 610, Holbrook, AZ 86025-0610

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COLLEGE

Mailing Label

Stay up-to-date on Lifelong Learning classes and more!



Lifelong Learning

NPC noncredit classes

 **Northland Pioneer College**
COMMUNITY & CORPORATE LEARNING

Summer 2019

Lifelong Learning Classes from June 3 to Aug. 2, 2019

Class	Course Type	Cost [^]	Date(s)*	Loc. ^{^^}	Day	Time**	Instructor	Class Description & <i>Special Instructions</i>
ARTS								
Intro to Art Quilting I New!	ART099X	\$25	July 18	WMC	R	9am-12pm	Coates	Learn the art of art quilting! This presentation and demonstration will introduce you to the broad range of art quilting techniques. Students will see demonstrations regarding threads; blending colors; hoop; preprinted panels and photos; fabric paints and dyes; free-motion quilting and bobbin work. Great for beginning quilters and additional challenges for more experienced quilters. <i>Students should bring note-taking materials. (Ages 15 and up)</i>
Intro to Art Quilting II-Your Own Project New!	ART099X	\$80	July 22,23	WMC	M,T	12:30-4:30pm	Coates	Now that you know what art quilting is, it's time to get creative yourself! Choose your project and have ready assistance from the instructor in designing and sewing your first masterpiece. Bring your sense of adventure as we dive into the world of art quilting! Students need to bring a portable sewing machine in good working condition, desired fabric and thread for a personal project. <i>Students required to take Art Quilting I. (Ages 15 and up)</i>
CRAFTS								
Intro to Sewing Your Own Fashions New!	HCT099X	\$140	July 9-11	WMC	T-R	9am-12pm	Coates	On a budget or just want to create your own fashions? Learn the basics of sewing and fitting clothing through lecture, demonstration and hands-on learning. Students will learn how to make a pattern from your favorite jeans or top and tips in choosing a pattern. By the end of this class you will be able to read a pattern and sew a simple top, skirt or shorts! <i>Students need to bring a portable sewing machine in good working condition, desired fabric and thread for personal project. (supplies should not be purchased until second class). (Ages 15 and up)</i>
Weaving Open Studio	HCT099X	\$30 [^]	June 11, 18,25	SPE	T	1-3pm	Farnsworth	An open weaving studio for previous weaving students to advance their skills. An instructor is available to help and guide you on your projects. <i>Students should bring their own loom and supplies. (Optional \$15 fee for loom rental)</i>
DANCE								
Beginning Belly Dance New!	HPE099X	\$50	June 5-July 31	SPE	W	6:30-8pm	Lavoie	A fun beginning belly dance class! Students will be taught beginning belly dance moves as well as beginning belly dance choreography featuring the movements learned in this course. <i>Students should wear comfortable clothing and bring water. (Ages 13 and up)</i>
Latin Line Dance	HPE099X	\$40	June 15-July 13	SCC	S	10-11am	Venancio	Come dance to a Latin beat! Each week students will be taught steps to a specific choreographed dance to Latin music. You don't need to be an expert to enjoy this fun dance class. Individuals or couples welcome, great for all ages! <i>Students should wear soft sole shoes. The class will be at Katherine's Dance Studio at 83 S. Main St. in Snowflake.</i>
Intermediate 2-Step & Swing Transitions	HPE099X	\$40	June 4-25	SCC	T	7-8pm	Venancio	In this class, couples will learn to smoothly transition from 2-Step to Swing. Students will learn how to lead and follow their partner. Have fun moving to medium and fast music styles. The class is designed for couples, but individuals are always welcome! <i>Students should wear leather or soft sole shoes. The class will be at Katherine's Dance Studio at 83 S. Main St. in Snowflake.</i>
Continuation 2-Step & Swing	HPE099X	\$40	July 9-30	SCC	T	7-8pm	Venancio	Looking for more advanced moves? If you enjoy 2-Step and Swing, continue learning with more intricate transitions and turns. The class is filled with different music styles and fast tempo beats. Great for couples, but individuals are always welcome. <i>Students should wear leather or soft sole shoes. The class will be held at Katherine's Dance Studio at 83 S. Main St. in Snowflake.</i>
HEALTH AND PHYSICAL FITNESS								
Beginning Yoga (Counts as <i>one</i> college credit) <small>Students must use standard NPC registration process. (not the new online process). Call (928) 536-6244 for further instructions.</small>	HPE101B-01	\$37	June 4-July 25	PDC	T,R	5:30-7:30pm	Schmidt	Introduction to basic yoga poses, breathing techniques, principles of relaxation and body awareness. This class is designed to increase flexibility, strength, concentration levels and feelings of relaxation. Discussion of yoga philosophy will be interwoven with physical practice. <i>Students should bring a yoga "sticky" mat and a firm blanket.</i>
	HPE101B-02	\$37	June 3-July 27	LCC	M,S	6-8pm 8:30-10:30am		
Intermediate Yoga (Counts as <i>one</i> college credit) <small>Students must use standard NPC registration process. (not the new online process). Call (928) 536-6244 for further instructions.</small>	HPE101C-01	\$37	June 4-July 25	PDC	T,R	5:30-7:30pm	Schmidt	This class will build upon skills learned in beginning yoga, refining postures, breathing and meditation. Pranayama techniques and intermediate level Asanas will be introduced. Discussion of yoga philosophy will be interwoven with physical practice. <i>Students should bring a yoga "sticky" mat and a firm blanket.</i>
	HPE101C-02	\$37	June 3-July 27	LCC	M,S	6-8pm 8:30-10:30am		
Chair Yoga New!	HPE099X	\$60	June 4-July 23	PDC	T	4:15-5:15pm	Schmidt	Experience gentle, safe stretching utilizing a chair (or wheelchair). Students will learn and practice optimal breathing with safe, gentle movements and yoga Asanas using a chair for support along with stability. Different options will be offered to accommodate each student's level of ability. <i>Students are recommended to bring a yoga mat to place underneath the chair.</i>
POUND	HPE099X	\$25	June 4-July 23	LCC	T	5:30-6:30pm	Begay	POUND, the world's first cardio jam session, is inspired by the infectious, energizing and sweat-dripping fun of playing drums. Using Ripstix, lightly-weighted drumsticks engineered specifically for exercise, POUND transforms drumming into an incredibly effective way of working out. POUND will provide the perfect atmosphere for letting loose, getting energized, improving your health and rocking out! <i>Students need to bring a yoga mat for use in class. (Ages 12 and up)</i>
Eat Healthy, Be Active Workshop New!	HPE099X	\$50	June 4-July 9	SCC	T	4-5:15pm	Brimhall	It can be challenging to make healthy eating choices and find time for being active. In this workshop you'll learn what foods to choose more of or to limit, how to eat healthy on a budget, how to prepare quick meals and snacks and how to reach and keep your healthy weight. Most importantly, you'll learn how to make healthy eating and physical activity part of your lifestyle no matter how busy you are, what your budget is like, if you can cook or not or if you've tried in the past without success.

[^] May not be final cost due to additional fees. Please refer to "Class Description and Special Instructions" column for additional fees listed.

^{*} Dates are as listed in the following format: M-Monday, T-Tuesday, W-Wednesday, R-Thursday, F-Friday, S-Saturday. (There are no classes held on Sundays).

^{^^} Locations are as follows: LCC-Winslow Little Colorado Campus, PDC-Holbrook Painted Desert Campus, SCC-Snowflake Silver Creek Campus, WMC-Show Low White Mountain Campus, SPE-Springerville/Eagar Center

^{**} Be sure to register EARLY, at least 4 days before your class starts to help prevent cancellation.

Class	Course Type	Cost [^]	Date(s)*	Loc. ^{^^}	Day	Time**	Instructor	Class Description & <i>Special Instructions</i>
HEALTH AND PHYSICAL FITNESS								
Women's Self-Defense New!	HPE099X	\$15	June 21	SCC	F	2-4pm	Accardo	Women will learn simple self-defense techniques to use on attackers. Master Accardo, a sixth-degree black belt with over 45 years' experience, will teach students defense from grabs, chokes, weapon defense, etc. Learn the proper way to strike for increasing results on the attacker. <i>(Ages 14 and up)</i>
	HPE099X	\$15	July 19	WMC	F	2-4pm		
GARDENING AND AGRICULTURE								
The World of Edible Flowers New!	AGR099X	\$68	July 12-Aug. 2	SCC	F	1-4pm	K. Howell-Coston	Explore "The World of Edible Flowers" and learn what kind of flowers you can harvest and how to preserve and prepare in meals. Covering over 30 varieties of flowers that are edible. Topics include: how they are used in diverse cultures; common sense rules for collecting; how to grow, harvest and preserve; floral ice cubes, butters, vinegars, and crystallizing; garnishing and cooking soups/salads, baking, appetizers, desserts; and feast cordials – all with edible flowers. Come enjoy!
Proper Planting, Pruning and Care of Trees and Shrubs New!	AGR099X	\$40	July 30	WMC	T	12:30-4:30pm	Coates	Pruning is an art as well as a science. Learn how, when and why to prune your trees, the difference between a young tree and a mature tree, and how and why your trees and shrubs grow as they do. The workshop will consist of lecture, discussion, demonstration, and some hands-on activity. Students will leave with the proper planting and care of their trees and shrubs! It's suggested for students to bring bypass hand pruner, if available, otherwise instructor has tools to share. <i>(Ages 15 and up)</i>
MUSIC								
Instant Piano for Hopelessly Busy People	MUS099X	\$30 [^]	June 3	SCC	M	6:30 - 9:30pm	Coffman	In just a few hours, you can learn enough secrets of playing the piano to give you years of musical enjoyment. Learn all the chords you'll need to play any song in this one session! For more information about the class and the instructor. View his website at chordsarekey.com. <i>There is a required additional \$29 fee payable to the instructor for the book and online video. (Ages 18 and up)</i>
Instant Guitar for Hopelessly Busy People	MUS099X	\$30 [^]	June 10	SCC	M	6:30-9pm	Coffman	Can't find the time to learn the guitar? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. For more information about the class and the instructor, view his website at chordsarekey.com. <i>Bring your acoustic guitar. There is a required, additional \$29 fee payable to the instructor for the book and online videos. (Ages 13 and up)</i>
PERSONAL DEVELOPMENT								
Renters Forum New!	STC099X	\$10	June 13	WMC	R	4:30-6:30pm	Staley	What do prospective tenants need to know about the rental process? This workshop will help students understand rental basics, tenant rights from the Arizona Landlord Tenant Act and may participate in an interactive session to answer questions. Learn the myths and facts of common rental practices. Leave this workshop feeling confident in your rental rights and responsibilities under Arizona law!
Fiction Writing Workshop	STC099X	\$25	June 20	WMC	R	4-6pm	Staley	Through lecture and discussion, students will learn about fiction writing, what we should do before putting words to paper, organizational techniques, advantages of using a computer versus a typewriter or writing in longhand and many more helpful tips. <i>Students should bring note-taking materials.</i>
I want to Buy a Home: The First Steps New!	STC099X	\$10	June 27	SCC	R	4:30-6:30pm	Staley	So you want to buy a home, but you're not sure where to start? Students will learn the steps to home ownership, understanding the buying process, getting pre-qualified, reviewing your must-have list, and why to work with a professional. This class is an interactive session - part information and part answering questions. Learn to understand the buying process, roles people play and money involved.
So you want an Investment and be a Landlord? New!	STC099X	\$10	July 19	WMC	F	2-4pm	Staley	Are you looking for an investment home? Learn the ins and outs of owning rental property and understand the landlord/tenant rights under the Arizona Landlord Tenant Act. Students will learn what to look for in a purchase, landlord responsibilities and tenant rights. An interactive session will be provided to answer questions from students.
Philosophy-The Unknown Answers New!	STC099X	\$35	July 10-31	WMC	W	4:30-6pm	Dr. Hunsicker	This class is about seeking answers to questions about borders, languages, culture, socialism, capitalism, communism, artificial intelligence and so much more. Answers to these and most all other questions about human behavior and organizations are found in the practical application of philosophy to each of them. Philosophy – properly taught and understood, which is very rare - is applicable to real life, everyday thoughts, actions and situations that impact you. Dr. Hunsicker has a doctorate in Philosophy and has taught in the field for over 30 years at major universities. <i>Students should bring note-taking materials.</i>
Current Events Round-Table	STC099X	\$35	June 5-26	WMC	W	4:30-6pm	Dr. Hunsicker	This is a discussion course covering current events in politics, education, economics, culture, religion, and controversial issues and problems in the news. A basic introduction and understanding of critical thinking, logic and rhetoric will proceed the course discussion of subjects. Students will choose any topic they wish to discuss. Focus will be on understanding the subject through rigorous application of argument, critical thinking and logic; with an end result of how the truth of the matter can affect each student participating.

Don't forget! Our excursions start in May!

Check them out at www.npc.edu/excursions