LEARNING ADVENTURES

LITTLE COLORADO CAMPUS - Winslow

Health & Physical Education (HPE)

HPE 101B Beginning Yoga - Winslow
Credit: 1
Introduction to basic yoga poses, breathing techniques, principles of relaxation and body awareness designed to increase flexibility and strength, to create better concentration and promote feelings of relaxation.
-M----- 6:00p - 8:00p Section: 37442
Dates: August 24—December 7
Instructor: Schmidt, Ann
* Students must bring a yoga "sticky" mat and a firm blanket.
-----S 8:30a -10:30a Section: 37440
Dates: August 29—December 12
Instructor: Schmidt, Ann
* Students must bring a yoga "sticky" mat and a firm blanket.

HPE 099X Beginning Mexican Folklore Dance - Winslow
Cost: $40 ($15 fee for costumes payable to instructor. Total cost of class: $55)
An introduction to Mexican Folk Ballet stressing basic principles, steps, sequence of steps, skirt movement, posture and settings.
----R-- 4:30- 5:30p Section: 37691
Dates: August 27—December 10
Instructor: Lewis, Idalia
* Females need practice skirts.

HPE 099X Intermediate Mexican Folklore Dance - Winslow
Cost: $45 ($15 fee for costumes payable to instructor. Total cost of class: $60)
Students will learn skirt movements intricate foot movements and choreographed routines. They will gain knowledge of the Mexican culture as well as what region the dances come from.
----R-- 5:30- 6:30p Section: 37692
Dates: August 27—December 10
Instructor: Lewis, Idalia
* Females need practice skirts. Must have Mexican Folklore experience.
----R-- 6:30- 7:30p Section: 37693
Dates: August 27—December 10
Instructor: Lewis, Idalia
* Females need practice skirts. Must have Mexican Folklore experience.
HPE 099X Advanced Mexican Folklore - Winslow
Cost: $50 ($15 fee for costumes payable to instructor. Total cost of class: $65)
This is an advanced course working on all the basics taught in the previous courses; the zapateados will be more intricate and difficult; the rhythms, more challenging. The particular dances presented will vary from semester to semester depending on the number of veteran dancers. The student is responsible for proper attitude, attendance at rehearsals, and participation in performances.
---R-- 7:30- 8:29PM 37694
Dates: August 27—December 10
Instructor: Lewis, Idalia
* Females need practice skirts. Must have Mexican Folklore experience.

Home Crafts & Technology (HCT)

HCT 099X Digital Scrapbooking - Winslow
Cost: $25
Students will be introduced to basic designing rules for eye pleasing pages. On the computer in their own account, they will be instructed on logging in, uploading photos, searching for digital artwork, and using "tools" while in Studio. They will then design a self-chosen project in the system and edit. If they choose to complete the publishing in Studio they will receive the professional quality project in the mail. Included in the course is personal photo scanning.
---R-- 6:00p – 9:00p Section: 37459
Dates: September 3—December 3
Instructor: Rogers, Bonnie
* Class held every 1st and 3rd Thurs: Sept 3 & 17, Oct 1 & 15, Nov 5 & 19, and Dec 3. Additional fees optional for additional access/or completed projects.

PAINTED DESERT CAMPUS - Holbrook

Health & Physical Education (HPE)

HPE 101B Beginning Yoga - Holbrook
Credit: 1
Introduction to basic yoga poses, breathing techniques, principles of relaxation and body awareness designed to increase flexibility and strength, to create better concentration and promote feelings of relaxation.
---T---- 5:30p - 7:30p Section: 37441
Dates: August 25—December 8
Instructor: Schmidt, Ann
* Students must bring a yoga "sticky" mat and a firm blanket.
Home Crafts & Technology (HCT)

HCT 099X Digital Scrapbooking - Holbrook
Cost: $25
Students will be introduced to basic designing rules for eye pleasing pages. On the computer in their own account, they will be instructed on logging in, uploading photos, searching for digital artwork, and using "tools" while in Studio. They will then design a self-chosen project in the system and edit. If they choose to complete the publishing in Studio they will receive the professional quality project in the mail. Included in the course is personal photo scanning.
-M----- 5:30p - 8:30p Section: 36644
Dates: August 24—November 30
Instructor: Nowell, Stacy
* Class will be held: Aug 24, Sept 7 & 21, Oct 19 & 26, Nov 2, 16, 30 Finished materials and additional art will be available for a fee.

Special Training (STC)

STC 099X Advanced Job Hunting Methods - Holbrook
Cost: $49
This class will provide insight as to how hiring authorities and recruiters find, interview, and hire job candidates. The class will provide instruction on how to catch the eye of the relevant hiring authority using a professional resume and cover sheet by using key words and avoiding clichés. Instruction will also be provided on how to prepare for and conduct both telephone and personal interviews and how to use interviews to assess the job and ensure that it is what you really want. The class will instruct students how to evaluate their interview performance and deal with the job application rejection.
-M----- 6:00p - 8:30p Section: 37462
Dates: November 16
Instructor: Good, Gerry

STC 099X Basic NRA Pistol Class for Concealed Weapons Permit - Holbrook
Cost: $75
Successful completion of this course will qualify the student to apply for a permit to carry a concealed weapon (separate AZDPS fees apply). NPC will provide fingerprinting at no additional cost.
------S 8:00a - 5:00p Section: 36575
Dates: October 31
Instructor: Harris, Richard
* Students must be a least 21 years old. Students to bring their unloaded guns and ammunition, leaving them secured in their vehicles. NPC instructor will provide fingerprinting.

STC 099X Basic Self-Defense with a Handgun - Holbrook
Cost: $75
Self-Defense is more than a class, it’s a mindset. Students will learn how to think defensively, assess threats and learn avoidance techniques. Learn dynamic shooting techniques and develop defensive marksmanship skills. After action drills will be practiced. Students will learn confidence and how to effectively use a hand gun as a defensive tool to protect their lives and the lives of the people they care about.
------S 8:00a - 5:00p Section: 36576
Dates: November 21
Instructor: Harris, Richard
* Students under age 21 must be accompanied by a parent or guardian. Students are to bring their unloaded guns and ammunition, leaving them secured in their vehicles.
STC 099X Casting Lead Bullets for Beginners - Holbrook

Cost: $54
This course will teach and demonstrate the safe procedures of melting lead using a small, commercial melting pot (set-up outdoors and not in the classroom). The class will cover the basic equipment needed to melt and cast lead bullets, testing lead for hardness, removing impurities, safe disposal of discarded materials, environmental concerns, resizing and lubricating cast bullets, and basic reloading concerns regarding lead bullets. Casting lead bullets is safe when done properly and since bullets are a major cost when reloading, those who safely cast them can save money by doing so.

---R--   6:30p - 9:00p Section: 37455
Dates: October 29—November 5
Instructor: Good, Gerry
* Must be 18 years or older

SILVER CREEK CAMPUS - Snowflake

Art (ART)

HPE 099X Basic Digital Photography – Snowflake

Cost: $125
Learn about digital photography and the art to taking a better picture through an enhanced understanding of camera functions. Discuss topics such as equipment selection, lighting, white balance, exposure, composition, and other aspects of taking digital images. Create a photo album of images on a CD to share with family and friends.

---T---   6:00- 8:00p Section:
Dates: October 27—November 24
Instructor: Telford, Ron
* Students will need a notepad, pencil, digital camera, and camera operating manual. Class will not be held on Veteran’s day, 11/11, but will continue the following week.

ART 099X In Touch With Van Gogh – Snowflake

Cost: $35
Study Van Gogh’s paintings and his life. Study how he experimented interpreting his feelings into his art. Render two pictures of his famous works through watercolor painting and pastel pencils. Create a watercolor/pastel mix media painting of "Pink Peach Trees" and of Van Gogh's Bedroom for perspective and use of grid drawing.

- -MTWR--   3:00p - 4:00p Section: 37621
Dates: October 5—October 8
Instructor: Bogdanowicz, Loretta
* Students are required to bring a drawing and watercolor pad, paint brushes, and acrylic paints. Bringing pastels and other mediums is also encouraged.
ART 099X Watercolor and More – Snowflake
Cost: $35
Learn to explore and expand watercolor painting creativity. See how various mediums can be combined to take art to new dimensions by introducing a combination of effects, stenciling, writing, drawing, and adding texture. Become familiar with works by other artists who combine mediums.
-MTWR-- 3:00p - 4:00p Section: 37620
Dates: September 28—October 1
Instructor: Bogdanowicz, Loretta
* Students are required to bring watercolor pad, paint brushes, and acrylic paints. Bringing pastels and other mediums is also encouraged.

ART 099X Watercolor for Beginners – Snowflake
Cost: $35
Explore the basic techniques of watercolor painting involving washes, brush handling, and color mixing. Also learn water control. The expressive and experimental possibilities of watercolor painting provide a good foundation for expanding creativity.
-MTWR-- 3:00p - 4:00p Section: 37619
Dates: September 21—September 24
Instructor: Bogdanowicz, Loretta
* Students are required to bring watercolor pad, paint brushes, and acrylic paints.

Special Training (STC)

STC 099X Advanced Job Hunting Methods – Snowflake
Cost: $49
This class will provide insight as to how hiring authorities and recruiters find, interview, and hire job candidates. The class will provide instruction on how to catch the eye of the relevant hiring authority using a professional resume and cover sheet by using key words and avoiding clichés. Instruction will also be provided on how to prepare for and conduct both telephone and personal interviews and how to use interviews to assess the job and ensure that it is what you really want. The class will instruct students how to evaluate their interview performance and deal with the job application rejection.
----R-- 6:00p - 8:30p Section: 37447
Dates: 09/24/15
Instructor: Good, Gerry

STC 099X Basic NRA Pistol Class for Concealed Weapons Permit – Snowflake
Cost: $75
Successful completion of this course will qualify the student to apply for a permit to carry a concealed weapon (separate AZDPS fees apply). NPC will provide fingerprinting at no additional cost.
------S 8:00a - 5:00p Section: 36574
Dates: October 3
Instructor: Harris, Richard
* Students must be at least 21 years old. Students to bring their unloaded guns and ammunition, leaving them secured in their vehicles. NPC instructor will provide fingerprinting.
STC 099X Basic Self-Defense with a Handgun – Snowflake
Cost: $75
Self-Defense is more than a class, it’s a mindset. Students will learn how to think defensively, assess threats and learn avoidance techniques. Learn dynamic shooting techniques and develop defensive marksmanship skills. After action drills will be practiced. Students will learn confidence and how to effectively use a hand gun as a defensive tool to protect their lives and the lives of the people they care about.
-----S  8:00a - 5:00p Section: 36578
Dates: October 10
Instructor: Harris, Richard
* Students under age 21 must be accompanied by a parent or guardian. Students are to bring their unloaded guns and ammunition, leaving them secured in their vehicles.

STC 099X Casting Lead Bullets for Beginners – Snowflake
Cost: $54
This course will teach and demonstrate the safe procedures of melting lead using a small, commercial melting pot (set-up outdoors and not in the classroom). The class will cover the basic equipment needed to melt and cast lead bullets, testing lead for hardness, removing impurities, safe disposal of discarded materials, environmental concerns, resizing and lubricating cast bullets, and basic reloading concerns regarding lead bullets. Casting lead bullets is safe when done properly and since bullets are a major cost when reloading, those who safely cast them can save money by doing so.
----R--  6:30p - 9:00p Section: 37454
Dates: November 12—November 19
Instructor: Good, Gerry
* Must be 18 years or older

STC 099X Hand-Load Rifle/Pistol Cartridge – Snowflake
Cost: $54
This course will teach and demonstrate the safe procedures to set-up and operate metallic cartridge reloading equipment. Students will learn how to organize a reloading bench with the appropriate equipment and to safely handle smokeless powder and primers. Brass and bullet selection, basic ballistics, reloading, recording, keeping as well as load development and testing will be covered in a comprehensive, safety oriented discussion and demonstration of a growing hobby.
--T----  6:30p - 8:30p Section: 37451
Dates: November 3—November 17
Instructor: Good, Gerry
* Must be 18 years or older

STC 099X Learn To Use Your Digital Camera – Snowflake
Cost: $49
Camera exposure modes, creative photography modes, point-and-shoot modes and basic operations such as focusing, white balance and flash will be covered. Basic photographic theory and digital equipment will also be discussed in the class. Gain photography skills and take better pictures as you learn about the operation of your camera. Improve your techniques to enhance family vacation and nature images and boost your creativity. Learn the fundamentals of exposure, metering, f-stops, and shutter speeds. In addition to camera basics such as composition, exposure, aperture and shutter speed, students will learn about different image files and how to get the best printed photos. Though we will leave the physical dark room behind, this course will engage photographers by emphasizing an understanding of light and the concept of "seeing photographically." Use your camera to complete class assignments.
-M-----  6:30p - 8:30p Section: 37445
Dates: October 5—October 19
Instructor: Good, Gerry
* Students should have a digital camera and camera owner manual

STC 099X Observe the Night Sky – Snowflake
Cost: $49
Are your telescope or binoculars gathering dust? This class will cover everything needed to get a telescope up and running or use binoculars to view the night sky. We will discuss the safety requirements for viewing, how to polar-align a telescope, eye-piece selection and use, tracking the night sky, star hopping from one object to another, using star maps and viewing aids, proper care for instruments, and recording your observation.

- M ----- 7:30p - 9:30p Section: 37457
Dates: December 7—December 14
Instructor: Good, Gerry
* Bring binoculars/telescope if you have them

**STC 099X Processing Digital Photographs – Snowflake**

Cost: $49
In this class we will cover photo organization and management, RAW conversion and nondestructive editing, highlight and shadow recovery, editing brushes, image straightening, improved photo book creations, sharpening, black levels, contrast, and sharpness and brightness corrections. We will discuss methods and techniques that can be used to repair damaged photographs and bring out details in washed-out photographs.

- M ----- 6:30p - 8:30p Section: 37449
Dates: October 26—November 9
Instructor: Good, Gerry

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**SPRINGERVILLE-EAGAR CENTER**

**Health & Physical Education (HPE) - SPE**

**HPE 099X Hatha Yoga**

Cost: $72
This multi-level class combines both traditional and flow style yoga. Using breathing, yoga poses, relaxation, and meditation, it encourages a healthy mind-body connection. Students of any age and physical ability will develop greater balance, strength, and flexibility.

- R ----- 5:30p - 6:30p Section: 36586
Dates: August 27—December 10
Instructor: Rihs, Natalia
* Students to bring a yoga mat, strap, two blocks, and a blanket.

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**Home Crafts & Technology (HCT)**

**HCT 099X Weaving Practicum - SPE**

Cost: $25
Weaving students of all levels will bring their weaving problems and projects and receive help as needed. It is an informal class with many opportunities to learn from the instructor as well as from other students.

- FS 9:00a – 4:00p Section: 37525
Dates: November 20 & 21
Instructor: Farnsworth, Carol
* Students will need to bring a loom and weaving supplies. Optional loom rental is an additional $15 fee.
WHITE MOUNTAIN CAMPUS – Show Low

Art (ART)

ART 099X Clay Art – Full Semester – Show Low
Cost: $220
This course will provide beginning students with basic knowledge to form and finish ceramixware. For advanced students it provides a relaxed studio environment to advance, innovate, and expand their techniques.
--T----   9:00a -1:00p Section: 36571
Dates: August 25—December 8
Instructor: Sweeney, Michael
* Students to bring their own basic clay tools.

ART 099X Clay Art - 8 Week – Show Low
Cost: $110
This course will provide beginning students with basic knowledge to form and finish ceramixware. For advanced students it provides a relaxed studio environment to advance, innovate, and expand their techniques.
--T----   9:00a -1:00p Section: 36585
Dates: August 25—October 13
Instructor: Sweeney, Michael
* Students to bring their own basic clay tools.
--T----   9:00a -1:00p Section: 36584
Dates: October 13—December 8
Instructor: Sweeney, Michael
* Students to bring their own basic clay tools.

Health & Physical Education (HPE)

HPE 099X Beginner Line Dancing – Show Low
Cost: $45
Introduction to Country Line Dancing including an overview of step techniques, beginning level patterns, moves and terms. Dance floor etiquette and correct dance posture will also be taught.
-M-----   7:15a - 8:15p Section: 37613
Dates: August 31—October 26
Instructor: Venancio, Katherine
* Students should wear shoes with leather soles. Class will be held at Linden Dance Square Hall.
Special Training (STC)

STC 099X Astrophotography for Beginners – Show Low
Cost: $49
This class will cover the basic procedures to attach a camera to a telescope and take astrophotographs of planets, the Moon, the Sun, and deep sky objects. Various methods to attach cameras to telescopes will be explored as well as the challenges of long-exposure photography. The difficulties of focusing and field rotation will be addressed as well as stacking multiple images and basic processing using free processing software called GIMP.
--W--  6:30p - 8:30p Section: 37458
Dates: November 18—November 25
Instructor: Good, Gerry
* Students should bring their own camera.

STC 099X Basic Self-Defense with a Handgun – Show Low
Cost: $75
Self-Defense is more than a class, it’s a mindset. Students will learn how to think defensively, assess threats and learn avoidance techniques. Learn dynamic shooting techniques and develop defensive marksmanship skills. After action drills will be practiced. Students will learn confidence and how to effectively use a handgun as a defensive tool to protect their lives and the lives of the people they care about.
-----S  8:00a – 5:00p Section: 36577
Dates: September 19
Instructor: Harris, Richard
* Students under age 21 must be accompanied by a parent or guardian. Student to bring their unloaded guns and ammunition, leaving them secured in their vehicles.

STC 099X Learn To Use Your Digital Camera – Show Low
Cost: $49
Camera exposure modes, creative photography modes, point-and-shoot modes and basic operations such as focusing, white balance and flash will be covered. Basic photographic theory and digital equipment will also be discussed in the class. Gain photography skills and take better pictures as you learn about the operation of your camera. Improve your techniques to enhance family vacation and nature images and boost your creativity. Learn the fundamentals of exposure, metering, f-stops, and shutter speeds. In addition to camera basics such as composition, exposure, aperture and shutter speed, students will learn about different image files and how to get the best printed photos. Though we will leave the physical dark room behind, this course will engage photographers by emphasizing an understanding of light and the concept of "seeing photographically." Use your camera to complete class assignments.
--T----  6:30p - 8:30p Section: 37444
Dates: September 8—September 22
Instructor: Good, Gerry
* Students should have a digital camera and camera owner manual.

STC 099X Observe the Night Sky – Show Low
Cost: $49
Are your telescope or binoculars gathering dust? This class will cover everything needed to get a telescope up and running or use binoculars to view the night sky. We will discuss the safety requirements for viewing, how to polar-align a telescope, eye-piece selection and use, tracking the night sky, star hopping from one object to another, using star maps and viewing aids, proper care for instruments, and recording your observation.
--T----  7:30p - 9:30p Section: 37456
Dates: October 20—October 27
Instructor: Good, Gerry
* Bring binoculars/telescope if you have them
STC 099X Processing Digital Photographs – Show Low

Cost: $49

In this class we will cover photo organization and management, RAW conversion, nondestructive editing, highlight and shadow recovery, editing brushes, image straightening, improved photo book creations, sharpening, black levels, contrast, and sharpness and brightness corrections. We will discuss methods and techniques that can be used to repair damaged photographs and bring out details in washed-out photographs.

Section: 37461

Dates: September 29—October 13

Instructor: Good, Gerry