Reiki Treatment Clinic
Reiki is a gentle, non-manipulative, fully clothed, hands-on relaxation technique to create harmonious balance to help maintain physical, mental and spiritual health. THERAPEUTIC MASSAGE students will be offering a Reiki Clinic on SATURDAY, MAY 17, from 9 a.m. to 4 p.m. at the Show Low – White Mountain Campus, M4. Cost is $10 for the one-hour session. Please bring a twin sheet and a towel. For reservations or more information, contact instructor, CAROL SAUNDERS, 369-6154. Appointments fill quickly, so book early!

MASSAGE CLINICS will be offered every Friday & Saturday, from MAY 30 TO AUGUST 2, from 9 to 5 p.m. Cost is $20 for a full body massage. Spa treatments are also available. For rates, appointments or more information call 928-245-0601.

Outdoor Art Studio
Heather Serfling Williams will be leading a NATURE-BASED ART COURSE this summer from the Holbrook – Painted Desert Campus allowing students to work in a variety of mediums. Field studies to the San Francisco Peaks (June 13-14), Chaco Canyon (June 19-21), El Morro/El Malapais (June 26-28) are planned. For details about the 1- to 3-credit class, contact instructor at painted.desertarts@hotmail.com or register today for ART 199-70820, -70821, -70822.

Register Now for Summer and Fall Classes
Here’s your chance to beat the rush and sign up now for summer and fall classes at NPC. Stop in to see your advisor and enroll before classes are closed due to high demand. There will be two SUMMER sessions - with classes beginning as early as MAY 19. Most FALL classes begin the week of AUGUST 25.

Beginning & Advanced Weight Training
Summer classes at Winslow – Little Colorado Campus, JUNE 2 - JULY 28. Meets Monday, Tuesday & Thursdays, 6:15–7:30 a.m. 1 Credit + $10 Fee. Beginning - HPE 110-71000, Advanced - HPE 111-71001.

For more information about items shown here, click on the news or calendar links at www.npc.edu